



Lady G

BEAUTY &
WELLNESS ROOMS



YONKA
PARIS



FACIAL AND BODY
TREATMENTS FOR MIND,
BODY & SOUL

THE ALCHEMY OF PURE WELLNESS



Lady G
BEAUTY &
WELLNESS ROOMS



*Peace, Serenity
& Solitude*

☎ 091 632 333 Ext 4

✉ beauty@ladygregoryhotel.ie

🌐 www.ladygregoryhotel.ie

*Our professional therapists aim
to give the ultimate relaxation
experience that extends to
embarking on a journey
to balance your senses*

Our professional therapists aim to give the ultimate relaxation experience that extends to embarking on a journey to balance your senses



Peace, Serenity & Solitude

A personal journey begins the moment you enter Lady G Beauty & Wellness Rooms, and remains long after you leave. Re-emerge a brand new person-energised, empowered revitalised

Facials The Iconic

Le Grand Classique : 75min | €75

Le Grand Classique is one of the most elaborate, complete facials. Leaves you with clean, perfectly balanced skin and a radiant complexion. Customised and recommended at any age, it centres on Yon-Ka's exclusive deep cleansing regimen: in 5 successive steps carried out with the utmost care in the oxygenating atmosphere of the 5 Quintessence* essential oils, the pure glow of the epidermis is revealed, one step at a time.

Result : Purified skin, a toned complexion, and optimum relaxation. Le Grand Classique is a cornerstone facial to indulge in once a month to keep skin healthy and in top condition.

Facials Fundamentals

Nutrilessence : 60min | €75

Comforting and nourishing phyto aromatic treatment that will intensely nourish the skin soothing any feelings of tightness and irritation.

Calmessence : 60min | €75

Calming and soothing phyto aromatic treatment that soothes and comforts the skin thanks to pre and pro biotics while reducing irritation and redness.

Hydralessence : 60min | €75

The Hydralessence Face is a high-performance treatment that will quickly help to restore its balance, suppleness, and softness.



Wellness

Mahana : 60min | €85

Inspired by the Polynesian practice of Taurumi massage of French Polynesia, Mahana combines energy work with massage techniques and delicate scents of Tahitian gardenia and jasmine to relax the body and mind, soothing away stress and restoring a sense of peace and well-being. All the while, Yon-Ka exclusive products help hydrate, firm, and lift the skin. The head is the temple of thought and spirituality and symbolizes the celestial vault. Mahana massage of the hand and feet compliment the facial which results is a treatment that addresses the entire body by relieving tension and mild or temporary pain and stiffness, enabling guests to experience a complete surrender.

Also Available In 30 Min. Format of a Head, Hand & Feet Massage excluding Facial Care

30min | €50

Anti Aging

Elastine : 60min | €100

Elastine Jour is the ideal anti-ageing day care to smooth out the first wrinkles, moisturise and protect the epidermis!

This first wrinkle cream is bursting with ingredients to help the skin fight oxidative stress and regenerate itself.

Day after day, Elastine Jour helps to reinforce your skin's youthful appearance. Wrinkles and fine lines are visibly reduced.

Time Resist : 60min | €100

Youth activator Time Resist Day works in tandem with Time Resist Night to prevent and fix signs of ageing by countering the processes that cause premature skin ageing, commonly referred to as inflammageing.

Time Resist Day is enriched with ingredients to give skin all the hydration it needs. Your skin will be plumped-up and protected from the effects of time. It will be more toned, look smoother and appear visibly younger and more radiant.





Anti Aging

Optimizer : 60min | €100

Specifically designed to help sagging skins and for women who want to reshape the oval of their face, Advance Optimizer Creme helps combat the slackening of the face and neck.

The skin becomes visibly firmer and smoother, the facial features look sculpted again.

Excellence : 90min | €120

Excellence Code Crème is an all-round anti-ageing cream that acts effectively on all the signs of ageing, pigmentation spots, loss of firmness and radiance. It is the best anti-wrinkle cream for smoothing fine lines and deep wrinkles. Skin looks younger and plumper, with a more luminous, even complexion. Skin feels lifted, and facial contours are redefined.

We love its melting, comfortable texture, refined fragrance and immediately perceptible effectiveness.



Eye + Lip Perfection : 45min | €50

The eyes and lips are some of the first places to show the visible signs of aging, yet these areas of delicate skin are often neglected. Repetitive facial expressions, sun exposure, and smoking can accelerate the aging process in these areas.

Yon-Ka's all new Eye and Lip Perfection Treatment is formulated to address the visible signs of aging in these areas, delivering targeted rejuvenation with immediately visible and long-lasting results.

The Eye and Lip Perfection Treatment from Yon-Ka Paris features professional-strength products formulated for the eye and lip contours along with signature massage techniques including Yon-Ka's Microcrystalline Quartz Facial Sculpting Tool.

Waxing Treatments

Patch test required 24hrs prior to all treatments

- Full Leg €35.00
- Add Regular Bikini €10.00
- Add Underarm €10.00
- Half Leg including Bikini €25.00
- Bikini Standard €15.00
- Half Leg €18.00
- Arm Wax €15.00
- Underarm Wax €15.00

Facial Waxing

- Eyebrow Wax €12.00
- Lip Wax €12.00
- Chin Wax €12.00
- Lip & Chin Wax €22.00
- Neck Wax €15.00
- Side of Face €15 - 20€

Male Waxing

- Back Wax €40.00
- Chest Wax €40.00
- Eyebrow Wax €12.00



Intimate Waxing

- California €25.00
- Brazilian €35.00
- Hollywood €40.00

Beauty Treatments

Patch test required 24hrs prior to all treatments

Bright Eyes

- Eyebrow Shape €12.00
- Eye Lash Tint €15.00
- Eyebrow Tint €10.00

- Eye Trio €30.00

Eyebrow Shape

Eye Lash Tint

Eyebrow Tint





Beauty Treatments

Patch test required 24hrs prior to all treatments

Lash Lift €50.00

• Lash Combo €65.00

Lash Lift

Eyebrow Shape

Eyebrow Tint

Threading

• Eye Brow €15.00

• Lip €15.00

• Face €30.00

Make Up

• Make Up €30.00

• Make Up including Lashes €35.00

• Bridal Make Up €40.00

Spray Tan

• Full Body €30.00

• Half Body €20.00

Massages

- **Indian Head Massage :**

The Indian Head Massage renews and balances energy levels by working with the three higher chakras. Relieves symptoms of depression and anxiety through relaxation. Boosts memory capabilities by relieving stress and quieting the mind. Stimulates lymphatic drainage by circulating blood to the neck area.

45 min | €45
30 min | €30

- **Back, Neck & Shoulder :**

A back, neck and shoulder massage is an excellent treatment to soothe away aches, pains and stiffness promoting a deep sense of relaxation and renewed vitality.

30 min | €30

- **Full Body Massage :**

Full body massages are a gateway to comprehensive renewal, not just a quick fix of relaxation. The advantages are numerous and significant, ranging from immune system support, better sleep, and reduced stress to better posture.

50 min | €70





Nails Treatment

Shellac

Shellac comes in the form of a polish but contains gel and polish mixed together. This makes it stronger than regular polish, but not as strong as a gel

- Shellac Two Week Manicure €30.00
 - Shellac Removal €10.00
- (Free for treatments outside of the salon)*

BIAB

A BIAB manicure uses Builder in a Bottle, a gel-like nail polish, which is applied as an overlay on your natural nails. It works very similarly to a normal gel polish, but as it has a thicker consistency it dries as a strong and durable layer

- BIAB Manicure €35.00
- BIAB Infills €35.00

Manicure & Pedicure

Manicure

- Deluxe Manicure Including Polish €35.00
- Mini Manicure Including Polish €25.00
- File & Polish Fingers & Toes €25.00
- Finger €18.00
- Toes €18.00

Pedicure

- Deluxe Pedicure €40.00
- Mini Pedicure €30.00
- Shellac 2 Week Pedicure with Callous Peel €50.00



Terms & Conditions

1. Please arrive 10 minutes before your scheduled appointment time.
2. We recommend you book in advance as far as possible.
3. Arriving late will cheat you of precious minutes of your treatments.
4. Wear comfortable, loose, and easy to change clothes.
5. Please leave your valuables at home or in your room safe (if a hotel resident) as we are not responsible for lost items.
6. Mobile phones are requested to be on silent mode.
7. Upon completion of your therapy your therapist will advise you on homecare.
8. We stock an impressive range of products.
9. Credit card details may be requested to secure all bookings made.
10. If using a voucher this must be advised in advance with voucher number given

11. We have a strict cancellation policy of 24 hours. We ask that if you need to amend your booking or if you wish to cancel that you give us 24 hours' notice, with large groups of 3 or more we require 48 hours' notice

12. If you fail to cancel your booking within 24/48 hours a 50% charge will be incurred with No shows charged 100%

The above penalty fees will be charged to your credit card, billed to your room account, or charged on your next visit.

13. All brochure content is correct at time of going to print. The management reserves the right to alter or amend any aspect of the content at any time without prior notice



FOR YOUR CONVENIENCE
ONLINE BOOKING
IS NOW AVAILABLE



Contact Us :

Booking links are on



www.ladygregoryhotel.ie



beauty@ladygregoryhotel.ie



091 632 333 ext 4



&



And on the Beauty Section
of Lady Gregory website